| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
| --- | --- | --- | --- | --- | --- |
| 8:25 - 9:25 | Math | Math | Math | Math | Math |
| 9:25 - 10:25 | Language | Language | Language | Language | Language |
| 10:25 - 10:40 | NUTRITION BREAK |
| 10:40 - 11:20 | Science, Language | Geography, History, Language | Science, Language | Geography, History, Language | Phys.Ed, Health |
| 11:20 - 12:00 | Religion | Religion | Religion | Religion | Fully Alive |
| 12:00 - 12:40 | LUNCH |
| 12:40 - 1:20 | Core French | Core French | Phys.Ed, Health | Music | Guidance, Language |
| 1:20 - 2:00 | Core French | Core French | Core French | Music | Art, Drama, Dance |
| 2:00 - 2:20 | DPA | DPA | Language | DPA | Language |



SAMPLE STUDENT SCHEDULE (GRADE 7/8)

Note: DPA (Daily Physical Activity)

[CLICK HERE](https://scc.sudburycatholicschools.ca/7-8-course-descriptions/) to view our course descriptions for Elementary Classes.